

Slough Tennis

With...

GDT

Coaching Programme

April – May 2010

6 Week Courses

Starting: 19th April

Finishing: 30th May

About GDT

- LTA Qualified and Licensed coaches (CRB and first aid)
- GDT run coaching programmes at 8 different clubs around Berkshire.
- Over 1200 people currently take part in GDT coaching programmes.
- 15 years coaching experience.

Free Trial Visit

Come along for the first week and pay absolutely nothing!

This is an opportunity to come and meet our coaches and experience GDT coaching.

Please take a look at our provisional 6 week programmes and don't forget to take advantage of our:

**NEW online booking system
No more filling in paper forms!
Get immediate confirmation!**

**Register yourself & family with GDT online booking at
www.gdtonline.co.uk**

GDT

**gdtennis.co.uk
0118 375 8324**

Mini Tennis Coaching Programme

Provisional

Below is the provisional mini tennis coaching programme for 19th April – 30th May.
6 week coaching programme with one week free of charge for:
4 – 11 years of age

Mini Tennis Red 8&U

Monday	Red Beginners	4-5yrs	4:00pm – 5:00pm	1 hr	£25	Salt Hill Park
Monday	Red Advanced	6-7yrs	5:00pm – 6:00pm	1 hr	£25	Salt Hill Park
Tuesday	Red Improvers	6-7yrs	4:00pm – 5:00pm	1hr	£25	Salt Hill Park
Wednesday	Red Improvers	6-7yrs	4:00pm – 5:00pm	1hr	£25	Salt Hill Park
Wednesday	Red Advanced	6-7yrs	5:00pm – 6:00pm	1 hr	£25	Salt Hill Park
Saturday	Mini Red	4-7yrs	9:00am – 10:00am	1 hr	£25	Salt Hill Park

Mini Tennis Orange 9&U's

Monday	Orange Beginners	8-9yrs	6:00pm – 7:00pm	1 hr	£25	Salt Hill Park
Tuesday	Orange Advanced	8-9yrs	5:00pm – 6:00pm	1 hr	£25	Salt Hill Park
Friday	Orange Improvers	8-9yrs	4:00pm -5:00pm	1 hr	£25	Salt Hill Park
Sunday	Orange Beginners	8-9yrs	10:00am – 11:00am	1 hr	£25	Salt Hill Park

Mini Tennis Green 11&U's

Wednesday	Green Advanced	10 -11yrs	6:00pm – 7:00pm	1 hr	£25	Salt Hill Park
Friday	Green Improvers	10-11yrs	5:00pm – 6:00pm	1 hr	£25	Salt Hill Park
Saturday	Mini Tennis Green	10-11yrs	11:00am -12:00am	1 hr	£25	Salt Hill Park

BOOK online at www.gdtonline.co.uk
Phone the office on 01183758324 OR see over for booking form

Provisional

Junior and Adult Coaching Programme

Below is the provisional junior and adult coaching programme for 19th April – 30th May.
6 week coaching programme with one week free of charge for:
12 – 17 years of age and adults

Junior Intermediates 12- 15 years

Thursday	Intermediates	12 -15yrs	5:00pm – 6:00pm	1 hr	£25	Salt Hill Park
Saturday	Intermediates	12-15yrs	10:00pm – 11:00pm	1 hr	£25	Salt Hill Park

Junior Advanced 12-15 years

Tuesday	Advanced	12 -15yrs	6:00pm – 7:00pm	1 hr	£25	Salt Hill Park
Saturday	Advanced	12-15yrs	12:00pm – 1:00pm	1 hr	£25	Salt Hill Park

Top Squad 16 - 17 years

Thursday	Top Squad	16 -17yrs	6:00pm – 7:00pm	1 hr	£25	Salt Hill Park
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Adult Beginners/Improvers

Monday	Beginners	Adults	7:00pm – 8:00pm	1 hr	£25	Salt Hill Park
Sunday	Beginners	Adults	11:00am -12:00am	1 hr	£25	Salt Hill Park

Adult Advanced

Thursday	Advanced	Adults	7:00pm – 8:00pm	1 hr	£25	Salt Hill Park
Sunday	Advanced	Adults	12:00pm – 1:00pm	1 hr	£25	Salt Hill Park

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Booking Form

Slough Tennis

19th April – 30th May

6 week course

Complete and send to: GDT, PO Box 3484, Wokingham, Berkshire, RG40 9BA

Cheques payable to: GDT

Course:

Day and time:

Full Name:

Age:

DOB:

Address:

Phone:

Mobile:

School:

Email:

Parents Name/s:

Does the player have any **medical conditions**, take any form of permanent or temporary **medication** or have any other considerations (physical or behavioural) that the coaches should be aware of. Please list any **allergies** (e.g. bee stings, nuts etc), **asthma, epilepsy, diabetes** or any other?

Do you give permission for your child to **walk / cycle home on their own** after their coaching session?

Yes / No

Signed

Photography and video consent: GDT may use video analysis to assist with coaching. Video will be deleted once it has been reviewed by the coach / player / parents unless you agree separately to it being stored for future use. GDT may take digital images to be used for GDT marketing purposes / website. To be excluded from these please tick here.