

GDT

WARGRAVE TENNIS CLUB

Coaching Programme

April – July 2010

12 week courses

Mondays are 11 week courses due to May Bank Holiday

Starting: Monday 19th April

Ending: Sunday 18th July

Excluding: Bank Holiday Mon 3rd May and Half term week (Mon 31st May – Sun 6th June)

Want to start?

BOOK A FREE ASSESSMENT

Not played since school?
Played quite a lot?

Give us a call to arrange a
FREE 15min Assessment

0118 375 8324

BOOK ONLINE!

NEW GDT Online Booking System

No more filling in paper forms!
Get immediate confirmation!

Register yourself & your family
with GDT Online Booking.

www.gdtonline.co.uk

- 8 Floodlit Tennis Courts
- Adult groups for all abilities
- Regular Competitions

- Individual Tennis lessons
- Mini Tennis Programme
- GDT Online Booking

BOOK ONLINE

**www.gdtonline.co.uk
or call 0118 375 8324**

MINI TENNIS AND JUNIORS

DAY	EVENT	AGE	TIME	COACH	12 WK COURSE
Monday	Mini Tennis Red Advanced	4-8 yrs	4.00 – 5.00pm	Paul	£81.40
Monday	Girls Mini Tennis Red	4-8 yrs	4:00 – 5:00pm	Alex	£81.40
Monday	Mini Tennis Orange	8-9 yrs	5.00 – 6.00pm	Alex	£81.40
Monday	Mini Tennis Orange Improvers	8-9yr	5.00 – 6.00pm	Paul	£81.40
Monday	Girls Mini Tennis Orange	8-9yrs	5.00 – 6.00pm	Jane	£81.40
Monday	Mini Tennis Red Improvers	4 - 8yrs	6.00 – 7.00pm	Jane	£81.40
Monday	Boys U12 & U14 Development	10-14yrs	6.00 – 7.00pm	Paul	£81.40
Monday	Mixed Junior Squad U12 / U14's	11-15yrs	6.00 – 7.00pm	Alex	£81.40
Tuesday	12 & U Development	U12's	5.00 – 6.00pm	Paul	£88.80
Tuesday	Girls & Boys U14's Squad	U14's	5.00 – 6.00pm	Alex	£88.80
Tuesday	Girls & Boys U18's Advanced	U18's	6.00 – 7.00pm	Paul	£88.80
Tuesday	Mixed Green Advanced	10 – 11 yrs	6.00 – 7.00pm	Alex	£88.80
Wednesday	Mini Tennis Orange Advanced	8-9yrs	5.00 – 6.00pm	Alex	£88.80
Wednesday	U18's Squad	U18's	5.30 – 7.00pm	Paul	£133.20
Wednesday	Mixed Development Squad	U12's & U14's	6.00 – 7.00pm	Alex	£88.80
Thursday	Mini Tennis Orange / Green	7-10yrs	5.00 – 6.00pm	Alex	£88.80
Thursday	Girls Advanced	U16's & U18's	5.00 – 6.30pm	Paul	£133.20
Thursday	U10 's and U12's Junior Squad	U10's U12's	6.00 – 7.00pm	Alex	£88.80
Friday	Mini Tennis Club Night	5-8yrs	4.30 – 5.30pm	Team	Members only
Saturday	Mini Tennis Red	4-8yrs	9.00 – 10.00am	Jane & Team	£88.80
Saturday	Mini Tennis Green Improvers	10 -11yrs	10:00 – 11.00am	Alex	£88.80
Saturday	Mini Tennis Orange Improvers	8-9yrs	10:00 – 11:00am	Alex	£88.80
Saturday	U12's and U14's Squad	U15's	11.00 – 12.00pm	Team	£88.80

ADULT DRILLS AND COACHING

DAY	EVENT	AGE	TIME	COACH	11 WK COURSE
Monday	Men's Advanced Squad	Adult	8.00 – 9.00pm	Paul	£81.40
Tuesday	Ladies Beginners	Adult	9.30 – 11.00am	Alex	£133.20
Tuesday	Ladies Beginners / Improvers	Adult	7.00 – 8.00pm	Alex	£88.80
Wednesday	Ladies Drills	Adult	7.00 – 8.00pm	Paul	£88.80
Thursday	Ladies Intermediates	Adult	9:30 – 11:00am	Paul	£133.20
Thursday	Ladies Intermediates	Adult	11:00 – 12.30pm	Paul	£133.20
Thursday	Mixed Lower Team Squad	Adult	7.00 – 8.00pm	Paul	£88.80
Saturday	Adult Drills	Adult	9.00 – 10.00am	Paul	£88.80

Complete and send to: **GDT, PO Box 3484, Wokingham, Berkshire, RG40 9BA**

Cheques payable to **GDT**

WARGRAVE TENNIS CLUB

11 weeks

April- July 2010

Course:

Day and time:

Full Name: Age:

DOB: BTM No. (if any)

Address:

Phone:

Mobile:

School:

Email:

Parents Name/s:

Does the player have any **medical conditions**, take any form of permanent or temporary **medication** or have any other considerations (physical or behavioural) that the coaches should be aware of. Please list any **allergies** (e.g. bee stings, nuts etc), **asthma, epilepsy, diabetes** or any other?

Do you give permission for your child to **walk / cycle home on their own** after their coaching session? Yes / No Signed

Photography and video consent: GDT may use video analysis to assist with coaching. Video will be deleted once it has been reviewed by the coach / player / parents unless you agree separately to it being stored for future use. GDT may take digital images to be used for GDT marketing purposes / website. To be excluded tick here.