



THE HAMPSHIRE COURT HOTEL

Junior Coaching Programme

13th September – 19th December

Mini Tennis Red

for players born in 2002, 2003 or 2004

							13 Weeks
Monday	Mini Tennis Red Improvers*	4 - 8yrs	4.15 – 5.15pm	1 hr	Joel James	£84.50	
Tuesday	Mini Tennis Red Talent ID*	4 - 8yrs	4:15 – 5:15pm	1 hr	Joel James	Invite only	
Wednesday	Mini Tennis Red Match Practice*	4 - 8 yrs	4:15 – 5:15pm	1 hr	Joel James	£6 per session	
Friday	Mini Tennis Red Talent ID*	4 – 8yrs	4:15 – 5:15pm	1 hr	Joel James	Invite only	
Saturday	Mini Tennis Red Young*	3 – 5yrs	9:00 – 9:45am	45 mins	Joel James	£63.38	
Saturday	Mini Tennis Red Beginners*	5 – 7yrs	10:00 – 11:00am	1 hr	Joel James	£84.50	
Sunday	Mini Tennis Red Beginners*	4 – 8yrs	1:30 – 2:30pm	1 hr	TBC	£84.50	

Mini Tennis Orange 9&U

for players born in 2001 approx

							13 weeks
Monday	Mini Tennis Orange Improvers*	8 – 9yrs	5.15 – 6.15pm	1 hr	Joel James	£84.50	
Tuesday	Mini Tennis Orange Talent ID*	8 - 9yrs	5:15 – 6:15pm	1 hr	Joel James	Invite only	
Wednesday	Mini Tennis Orange Match Practice*	8 - 9 yrs	5:15 – 6:15pm	1 hr	Joel James	£6 per session	
Friday	Mini Tennis Orange Talent ID*	8 – 9yrs	5:15 – 6:15pm	1 hr	Joel James	Invite only	
Saturday	Mini Tennis Orange Beginners*	8 – 9yrs	11:00 – 12:00pm	1 hr	Joel James	£84.50	
Sunday	Mini Tennis Orange Beginners*	8 – 9yrs	2:30 – 3:30pm	1 hr	TBC	£84.50	

Mini Tennis Green 10&U

for players born in 2000 approx

							13 weeks
Monday	Mini Tennis Green Improvers*	9 – 10yrs	6.15 – 7.15pm	1 hr	Joel James	£84.50	
Tuesday	Mini Tennis Green Talent ID*	9 - 10yrs	6:15 – 7:15pm	1 hr	Joel James	Invite only	
Wednesday	Mini Tennis Green Match Practice*	9 - 10 yrs	6:15 – 7:15pm	1 hr	Joel James	£6 per session	
Friday	Mini Tennis Green Talent ID*	9 – 10yrs	6:15 – 7:15pm	1 hr	Joel James	Invite only	
Saturday	Mini Tennis Green Beginners*	9 – 10yrs	12:00 – 1:00pm	1 hr	Joel James	£84.50	
Sunday	Mini Tennis Green Beginners*	9 – 10yrs	4:00 – 5:00pm	1 hr	TBC	£84.50	

Junior Squads

for children aged 11 – 18 years

							13 weeks
Thursday	Junior Beginners/Improvers*	10 – 11yrs	4:30 – 5:30pm	1hr	Joel James	£84.50	
Thursday	Junior Advanced*	11 – 18yrs	5:30 – 7:00pm	1.5hrs	Joel James	£126.75	

Tournaments

for mini tennis players

Saturday	Mini Tennis Red*	4 – 8 yrs	1:30 – 2:30pm	1hr	Joel James	TBC
Saturday	Mini Tennis Orange*	8 – 9yrs	2:30 – 4:00pm	1.5hrs	Joel James	TBC
Saturday	Mini Tennis Green*	9 – 10yrs	4:00 – 5:30pm	1.5hrs	Joel James	TBC

*members only

For more information on any of the sessions or if you wish to book any private individual lessons please do not hesitate to contact Joel James on 07825152407 or joel.james@gdtennis.co.uk

BOOK ONLINE

www.gdtonline.co.uk
or call 0118 375 8324

Sept - Dec 2010

13 week courses

Starting: Monday 13th September

Ending: Sunday 19th December

Excluding: October Half Term Week (Mon 25th October – Sun 31st October)

	Wk1	Wk2	Wk3	Wk4	Wk5	Wk6		Wk7	Wk8	W9	W10	W11	W12	Wk13
Mon	13 th	20 th	27 th	4 th	11 th	18 th	25th	1 st	8 th	15 th	22 nd	29 th	6 th	13 th
Tues	14 th	21 st	28 th	5 th	12 th	19 th	25th	2 nd	9 th	16 th	23 rd	30 th	7 th	14 th
Wed	15 th	22 nd	29 th	6 th	13 th	20 th	27th	3 rd	10 th	17 th	24 th	1 st	8 th	15 th
Thurs	16 th	23 rd	30 th	7 th	14 th	21 st	28th	4 th	11 th	18 th	25 th	2 nd	9 th	16 th
Fri	17 th	24 th	1 st	8 th	15 th	22 nd	29th	5 th	12 th	19 th	26 th	3 rd	10 th	17 th
Sat	18 th	25 th	2 nd	9 th	16 th	23 rd	30th	6 th	13 th	20 th	27 th	4 th	11 th	18 th
Sun	19 th	26 th	3 rd	10 th	17 th	24 th	31st	7 th	14 th	21 st	28 th	5 th	12 th	19 th

In order to take part in our coaching programme you must be a member of the Hampshire Court Hotel. For more information about Membership please contact the hotel directly on 01256 330360.

Booking & Registration Form

DON'T FORGET: It is much quicker to sign-up ONLINE by visiting www.gdtonline.co.uk

Complete and send to: **GDT, PO Box 3484, Wokingham, Berkshire, RG40 9BA**

Cheques payable to **GDT Hampshire**

GDT Hampshire

13 weeks Sept - Dec 2010

Course:

Day and time:

Full Name:

DOB: BTM No. (if any)

Address:

Phone:

Mobile:

School:

Email:

Parents Name/s:

Does the player have any **medical conditions**, take any form of permanent or temporary **medication** or have any other considerations (physical or behavioural) that the coaches should be aware of. Please list any **allergies** (e.g. bee stings, nuts etc), **asthma**, **epilepsy**, **diabetes** or any other?

Do you give permission for your child to **walk / cycle home on their own** after their coaching session? Yes / No

Photography and video consent: GDT may use video analysis to assist with coaching. Video will be deleted once it has been reviewed by the coach / player / parents unless you agree separately to it being stored for future use. GDT may take digital images to be used for GDT marketing purposes / website. To be excluded tick here.